

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Nontembeko  
Mbambazela**

Has successfully participated & completed the

**21km CDM 4-in-1 2019**

held at Polokwane Rugby Fields.

**TIME 03:05:51**

**PACE 08:51/km**

**GENDER 146 of  
206**

**OVERALL 420 of 530**

**SENIOR (20-  
39) 66 of 91**



16 February 2019, Sat

Date

*BoutTime*

Signature

